

Night Prayer-Advent 2022

PENITENTIAL RITE

Lord, have mercy.

— Lord, have mercy.

Christ, have mercy.

— Christ, have mercy.

Lord, have mercy.

— Lord, have mercy.

GOSPEL CANTICLE

+Lord, now you let your servant go in peace;
your word has been fulfilled:

my own eyes have seen the salvation
which you have prepared in the sight of every people:

a light to reveal you to the nations
and the glory of your people Israel.

Glory to the Father, and to the Son, and to the Holy Spirit:
As it was in the beginning, is now, and will be for ever. Amen.

ANTIPHON OF THE BLESSED VIRGIN MARY

Hail, holy Queen, mother of mercy,
our life, our sweetness, and our hope.
To you do we cry,
poor banished children of Eve.
To you do we send up our sighs
mourning and weeping in this vale of tears.
Turn then, most gracious advocate,
your eyes of mercy toward us,
and after this exile
show us the blessed fruit of your womb, Jesus.
O clement, O loving,
O sweet Virgin Mary.

A Quick Guide

- Liturgy of the Hours is also referred to as the Divine Office or the Breviary.
- “Hours” refer to the various hours of the day to stop to pray: Morning, Midday, Evening, Night.
- Liturgy of the Hours can be prayed alone, with another person, or in a group, like a family.
- Anytime you see +, make the Sign of the Cross.
- To begin Night Prayer, make the Sign of the Cross while saying, “God, come to my assistance...”
- At the Gospel Canticle, stand and make the sign of the cross while saying, “Lord, now you...”
- Remain standing for the rest of the prayer.
- To conclude, recite the Antiphon of the Blessed Virgin Mary or sing a Marian hymn (i.e. *Salve Regina*).

Praying with a Group

- Choose someone to lead.
- The leader begins, the dash signaling the response.
- After the Examination of Conscience, pray the Penitential Rite.
- The leader prays the antiphon before the psalm.
- The psalm is prayed in two groups who take turns praying every other stanza.
- The whole group prays the antiphon at the end of the psalm.
- Someone other than the leader can read the reading.
- Everyone stands and prays the Gospel Canticle together.
- Everyone prays the antiphon after the Gospel Canticle together.

Monday

INTRODUCTION

- + God, come to my assistance.
- Lord, make haste to help me.

Glory to the Father, and to the Son, and to the Holy Spirit:
– as it was in the beginning, is now, and will be for ever, Amen.

EXAMINATION OF CONSCIENCE

If praying with a group, include the Penitential Rite.

HYMN

You may sing a hymn of choice or substitute with a Hail Mary.

PSALMODY

Antiphon: O Lord, our God, unwearied is your love for us.

Psalm 86 – Poor man's prayer in trouble

Blessed be God who comforts us in all our trials. (2 Corinthians 1: 3, 4)

Turn your ear, O Lord, and give answer
for I am poor and needy.

Preserve my life, for I am faithful:
save the servant who trusts in you.

You are my God; have mercy on me,
Lord, for I cry to you all day long.
Give joy to your servant, O Lord,
for to you I lift up my soul.

O Lord, you are good and forgiving,
full of love to all who call.
Give heed, O Lord, to my prayer
and attend to the sound of my voice.

In the day of distress I will call
and surely you will reply.
Among the gods there is none like you,
O Lord; nor work to compare with yours.

All the nations shall come to adore you
and glorify your name, O Lord:
for you are great and do marvelous deeds,
you who alone are God.

Show me, Lord, your way
so that I may walk in your truth.

Guide my heart to fear your name.

I will praise you, Lord my God, with all my
heart and glorify your name for ever;
for your love to me has been great:
you have saved me from the depths of the
grave.

The proud have risen against me;
ruthless men seek my life:
to you they pay no heed.
But you, God of mercy and compassion,
slow to anger, O Lord,
abounding in love and truth,
turn and take pity on me.

O give your strength to your servant
and save your handmaid's son.
Show me a sign of your favor –
that my foes may see to their shame
that you console me and give me your help.

Glory to the Father, and to the Son, and to
the Holy Spirit:

As it was in the beginning, is now, and will
be for ever. Amen.

Antiphon: O Lord, our God, unwearied is your love for us.

READING

1 Thessalonians 5: 9-10

God has destined us for acquiring salvation through our Lord Jesus Christ. He died for us, that all of us, whether awake or asleep, together might live with him.

RESPONSORY

Into your hands, Lord, I commend my spirit.

– Into your hands, Lord, I commend my spirit.

You have redeemed us, Lord God of truth.

– I commend my spirit.

Glory to the Father, and to the Son, and to the Holy Spirit.

– Into your hands, Lord, I commend my spirit.

Antiphon: Protect us, Lord, as we stay awake; watch over us as we sleep, that awake, we may keep watch with Christ, and asleep, rest in his peace.

GOSPEL CANTICLE

Luke 2: 29-32

Christ is the light of the nations and the glory of Israel

+ Lord, now you let your servant go in peace...(see front page)

Antiphon: Protect us, Lord, as we stay awake; watch over us as we sleep, that awake, we may keep watch with Christ, and asleep, rest in his peace.

Prayer

Lord,
give our bodies restful sleep
and let the work we have done today
bear fruit in eternal life.
We ask this through Christ our Lord.

CONCLUSION

May the all-powerful Lord grant us a restful night and a peaceful death.

– Amen.

Antiphon of the Blessed Virgin Mary

Hail, holy Queen, mother of mercy...(see front page)

Tuesday

INTRODUCTION

- + God, come to my assistance.
- Lord, make haste to help me.

Glory to the Father, and to the Son, and to the Holy Spirit:
– as it was in the beginning, is now, and will be for ever. Amen.

EXAMINATION OF CONSCIENCE

If praying with a group, include the Penitential Rite.

HYMN

You may sing a hymn of choice or substitute with a Hail Mary.

PSALMODY

Antiphon: Do not hide your face from me; in you I put my trust.

Psalm 143: 1-11 – Prayer in distress

Only by faith in Jesus Christ is a man made holy in God's sight. No observance of the law can achieve this.
(Galatians 2:16)

Lord, listen to my prayer:
turn your ear to my appeal.
You are faithful, you are just; give answer.
Do not call your servant to judgment
for no one is just in your sight.

The enemy pursues my soul;
he has crushed my life to the ground;
he has made me dwell in darkness
like the dead, long forgotten.
Therefore my spirit fails;
my heart is numb within me.

I remember the days that are past:
I ponder all your works.
I muse on what your hand has wrought
and to you I stretch out my hands.
Like a parched land my soul thirsts for you.

Lord, make haste and answer;
for my spirit fails within me.
Do not hide your face

lest I become like those in the grave.

In the morning let me know your love
for I put my trust in you.
Make me know the way I should walk:
to you I lift up my soul.

Rescue me, Lord, from my enemies;
I have fled to you for refuge.
Teach me to do your will
for you, O Lord, are my God.
Let your good spirit guide me
in ways that are level and smooth.

For your name's sake, Lord, save my life;
in your justice save my soul from distress.

Glory to the Father, and to the Son, and to
the Holy Spirit:

As it was in the beginning, is now, and will
be for ever. Amen.

Antiphon: Do not hide your face from me; in you I put my trust.

READING

1 Peter 5: 8-9a

Stay sober and alert. Your opponent the devil is prowling like a roaring lion looking for someone to devour. Resist him, solid in your faith.

RESPONSORY

Into your hands, Lord, I commend my spirit.

– Into your hands, Lord, I commend my spirit.

You have redeemed us, Lord God of truth.

– I commend my spirit.

Glory to the Father, and to the Son, and to the Holy Spirit.

– Into your hands, Lord, I commend my spirit.

Antiphon: Protect us, Lord, as we stay awake; watch over us as we sleep, that awake, we may keep watch with Christ, and asleep, rest in his peace.

GOSPEL CANTICLE

Luke 2: 29-32

Christ is the light of the nations and the glory of Israel.

+ Lord, now you let your servant go in peace... (see front page)

Antiphon: Protect us, Lord, as we stay awake; watch over us as we sleep, that awake, we may keep watch with Christ, and asleep, rest in his peace.

Prayer

Lord,
fill this night with your radiance.
May we sleep in peace and rise with joy
to welcome the light of a new day in your name.
We ask this through Christ our Lord.

CONCLUSION

May the all-powerful Lord grant us a restful night and a peaceful death.
– Amen.

Antiphon of the Blessed Virgin Mary

Hail, holy Queen, mother of mercy...(see front page)

Wednesday

INTRODUCTION

+ God, come to my assistance.
– Lord, make haste to help me.

Glory to the Father, and to the Son, and to the Holy Spirit:
– as it was in the beginning, is now, and will be for ever. Amen.

EXAMINATION OF CONSCIENCE

If praying with a group, include the Penitential Rite.

HYMN

You may sing a hymn of choice or substitute with a Hail Mary.

PSALMODY

Antiphon 1: Lord God, be my refuge and my strength.

Psalm 31: 1-6 - Trustful prayer in adversity

Father, into your hands I commend my spirit. (Luke 23: 46)

In you, O Lord, I take refuge.
Let me never be put to shame.
In your justice, set me free,
hear me and speedily rescue me.

Be a rock of refuge for me,
a mighty stronghold to save me,
for you are my rock, my stronghold.
For your name's sake, lead me
and guide me.

Release me from the snares they have
hidden for you are my refuge, Lord.
Into your hands I commend my spirit.
It is you who will redeem me, Lord.

Glory to the Father, and to the Son,
and to the Holy Spirit:

As it was in the beginning, is now,
and will be for ever. Amen

Antiphon 1: Lord God, be my refuge and my strength.

Antiphon 2: Out of the depths I cry to you, Lord.

Psalm 130 - A cry from the depths

He will save his people from their sins (Matthew 1: 21).

Out of the depths I cry to you, O Lord,
Lord, hear my voice!
O let your ears be attentive
to the voice of my pleading.

If you, O Lord, should mark our guilt,
Lord, who would survive?
But with you is found forgiveness:

for this we revere you.

My soul is waiting for the Lord,
I count on his word.
My soul is longing for the Lord
more than watchman for daybreak.
Let the watchman count on daybreak
and Israel on the Lord.

Because with the Lord there is mercy
and fullness of redemption,
Israel indeed he will redeem
from all its iniquity.

Glory to the Father, and to the Son,
and to the Holy Spirit:

As it was in the beginning, is now,
and will be for ever. Amen.

Antiphon 2: Out of the depths I cry to you, Lord.

READING

Ephesians 4: 26-27

If you are angry, let it be without sin. The sun must not go down on your wrath; do not give the devil a chance to work on you.

RESPONSORY

Into your hands, Lord, I commend my spirit.

– Into your hands, Lord, I commend my spirit.

You have redeemed us, Lord God of truth.

– I commend my spirit.

Glory to the Father, and to the Son, and to the Holy Spirit.

– Into your hands, Lord, I commend my spirit.

Antiphon: Protect us, Lord, as we stay awake; watch over us as we sleep, that awake, we may keep watch with Christ, and asleep, rest in his peace.

GOSPEL CANTICLE

Luke 2: 29-32

Christ is the light of the nations and the glory of Israel

+ Lord, now you let your servant go in peace... (see front page)

Antiphon: Protect us, Lord, as we stay awake; watch over us as we sleep, that awake, we may keep watch with Christ, and asleep, rest in his peace.

Prayer

Lord Jesus Christ,
you have given your followers
an example of gentleness and humility,
a task that is easy, a burden that is light.

Accept the prayers and work of this day,
and give us the rest that will strengthen us
to render more faithful service to you
who live and reign for ever and ever.

CONCLUSION

May the all-powerful Lord grant us a restful night and a peaceful death.

– Amen.

Antiphon of the Blessed Virgin Mary

Hail, holy Queen, mother of mercy...(see front page)

Thursday

INTRODUCTION

- + God, come to my assistance.
- Lord, make haste to help me.

Glory to the Father, and to the Son, and to the Holy Spirit:
– as it was in the beginning, is now, and will be for ever, Amen.

EXAMINATION OF CONSCIENCE

If praying with a group, include the Penitential Rite.

HYMN

You may sing a hymn of choice or substitute with a Hail Mary.

PSALMODY

Antiphon: In you, my God, my body will rest in hope.

Psalm 16 - God is my portion, my inheritance

The Father raised up Jesus from the dead and broke the bonds of death. (Acts 2: 24)

Preserve me, God, I take refuge in you.
I say to the Lord: “You are my god.
My happiness lies in you alone.”

He has put into my heart a marvelous love
for the faithful ones who dwell in his land.
Those who choose other gods increase
their sorrows.

Never will I offer their offerings of blood.
Never will I take their name upon my lips.

O Lord, it is you who are my portion and cup;
it is you yourself who are my prize.
The lot marked out for me is my delight: –
welcome indeed the heritage that falls to me!

I will bless the Lord who gives me counsel,
who even at night directs my heart.

I keep the Lord ever in my sight:
since he is at my right hand, I shall stand firm.

And so my heart rejoices, my soul is glad;
even my body shall rest in safety.
For you will not leave my soul among the
dead, nor let your beloved know decay.

You will show me the path of life,
the fullness of joy in your presence,
at your right hand happiness for ever.

Glory to the Father, and to the Son,
and to the Holy Spirit:

As it was in the beginning, is now,
and will be for ever. Amen.

Antiphon: In you, my God, my body will rest in hope.

READING

1 Thessalonians 5: 23

May the God of peace make you perfect in holiness. May he preserve you whole and entire, spirit, soul, and body, irreproachable at the coming of our Lord Jesus Christ.

RESPONSORY

Into your hands, Lord, I commend my spirit.

– Into your hands, Lord, I commend my spirit.

You have redeemed us, Lord God of truth.

– I commend my spirit.

Glory to the Father, and to the Son, and to the Holy Spirit.

– Into your hands, Lord, I commend my spirit.

Antiphon: Protect us, Lord, as we stay awake; watch over us as we sleep, that awake, we may keep watch with Christ, and asleep, rest in his peace.

GOSPEL CANTICLE

Luke 2: 29-32

Christ is the light of the nations and the glory of Israel

+ Lord, now you let your servant go in peace...(see front page)

Antiphon: Protect us, Lord, as we stay awake; watch over us as we sleep, that awake, we may keep watch with Christ, and asleep, rest in his peace.

Prayer

Lord God,
send peaceful sleep
to refresh our tired bodies.
May your help always renew us
and keep us strong in your service.
We ask this through Christ our Lord.

CONCLUSION

May the all-powerful Lord grant us a restful night and a peaceful death.

– Amen.

Antiphon of the Blessed Virgin Mary

Hail, holy Queen, mother of mercy...(see front page)

Friday

INTRODUCTION

- + God, come to my assistance.
- Lord, make haste to help me.

Glory to the Father, and to the Son, and to the Holy Spirit:
– as it was in the beginning, is now, and will be for ever, Amen.

EXAMINATION OF CONSCIENCE

If praying with a group, include the Penitential Rite.

HYMN

You may sing a hymn of choice or substitute with a Hail Mary.

PSALMODY

Antiphon: Day and night I cry to you, my God.

Psalm 88 - Prayer of a sick person

This is your hour when darkness reigns. (Luke 23: 53)

Lord my God, I call for help by day;
I cry at night before you.
Let my prayer come into your presence.
O turn your ear to my cry.

For my soul is filled with evils;
My life is on the brink of the grave.
I am reckoned as one in the tomb:
I have reached the end of my strength,
like one alone among the dead;
like the slain lying in their graves;
like those you remember no more,
cut off, as they are, from your hand.

You have laid me in the depths of the tomb,
in places that are dark, in the depths.
Your anger weighs down upon me:
I am drowned beneath your waves.

You have taken away my friends
and made me hateful in their sight.
Imprisoned, I cannot escape;
my eyes are sunken with grief.

I call to you, Lord, all the day long;
to you I stretch out my hands.
Will you work your wonders for the dead?

Will the shades stand and praise you?

Will your love be told in the grave
or your faithfulness among the dead?
Will your wonders be known in the dark
or your justice in the land of oblivion?

As for me, Lord, I call to you for help:
in the morning my prayer comes before you.
Lord, why do you reject me?
Why do you hide your face?

Wretched, close to death from my youth,
I have borne your trials; I am numb.
Your fury has swept down upon me;
your terrors have utterly destroyed me.

They surround me all the day like a flood,
they assail me all together.
Friend and neighbor you have taken away:
my one companion is darkness.

Glory to the Father, and to the Son,
and to the Holy Spirit:

As it was in the beginning, is now,
and will be for ever. Amen.

Antiphon: Lord God, be my refuge and my strength.

READING

Jeremiah 14: 9a

You are in our midst, O Lord, Your name we bear: do not forsake us, O Lord, our God!

RESPONSORY

Into your hands, Lord, I commend my spirit.

– Into your hands, Lord, I commend my spirit.

You have redeemed us, Lord God of truth.

– I commend my spirit.

Glory to the Father, and to the Son, and to the Holy Spirit.

– Into your hands, Lord, I commend my spirit.

Antiphon: Protect us, Lord, as we stay awake; watch over us as we sleep, that awake, we may keep watch with Christ, and asleep, rest in his peace.

GOSPEL CANTICLE

Luke 2: 29-32

Christ is the light of the nations and the glory of Israel

+ Lord, now you let your servant go in peace...(see front page)

Antiphon: Protect us, Lord, as we stay awake; watch over us as we sleep, that awake, we may keep watch with Christ, and asleep, rest in his peace.

Prayer

All-powerful God,
keep us united with your Son
in his death and burial
so that we may rise to new life with him,
who lives and reigns for ever and ever.

CONCLUSION

May the all-powerful Lord grant us a restful night and a peaceful death.

– Amen.

Antiphon of the Blessed Virgin Mary

Hail, holy Queen, mother of mercy...(see front page)

Saturday

INTRODUCTION

- + God, come to my assistance.
- Lord, make haste to help me.

Glory to the Father, and to the Son, and to the Holy Spirit:
– as it was in the beginning, is now, and will be for ever, Amen.

EXAMINATION OF CONSCIENCE

If praying with a group, include the Penitential Rite.

HYMN

You may sing a hymn of choice or substitute with a Hail Mary.

PSALMODY

Antiphon 1: Have mercy, Lord, and hear my prayer.

Psalm 4- Thanksgiving

The resurrection of Christ was God's supreme and wholly marvelous work. (Saint Augustine)

When I call, answer me, O God of justice;
from anguish you released me;
have mercy and hear me!

O men, how long will your hearts be closed,
will you love what is futile
and seek what is false?

It is the Lord who grants favors
to those whom he loves;
the Lord hears me whenever I call him.

Fear him; do not sin:
ponder on your bed and be still.
Make justice your sacrifice
and trust in the Lord.

“What can bring us happiness?” many say.
Let the light of your face shine on us, O Lord.

You have put into my heart a greater joy
than they have from abundance
of corn and new wine.

I will lie down in peace and sleep comes at
once
for you alone, Lord, make me dwell in safety.

Glory to the Father, and to the Son,
and to the Holy Spirit:

As it was in the beginning, is now,
and will be for ever. Amen.

Antiphon 1: Have mercy, Lord, and hear my prayer.

Antiphon 2 In the silent hours of night, bless the Lord.

Psalm 134 - Evening prayer in the Temple

Praise our God, all you his servants, you who fear him, small and great. (Revelation 19: 5)

O come, bless the Lord,
all you who serve the Lord,

who stand in the house of the Lord,
in the courts of the house of our God.

Lift up your hands to the holy place
and bless the Lord through the night.

Glory to the Father, and to the Son,
and to the Holy Spirit:

May the Lord bless you from Zion,
he who made both heaven and earth.

As it was in the beginning, is now,
and will be for ever. Amen

Antiphon 2: In the silent hours of night, bless the Lord.

READING

Deuteronomy 6: 4-7

Hear, O Israel! The Lord is our God, the Lord alone! Therefore, you shall love the Lord, your God, with all your heart, and with all your soul, and with all your strength. Take to heart these words which I enjoin on you today. Drill them into your children. Speak of them at home and abroad, whether you are busy or at rest.

RESPONSORY

Into your hands, Lord, I commend my spirit.

– Into your hands, Lord, I commend my spirit.

You have redeemed us, Lord God of truth.

– I commend my spirit.

Glory to the Father, and to the Son, and to the Holy Spirit.

– Into your hands, Lord, I commend my spirit.

Antiphon: Protect us, Lord, as we stay awake; watch over us as we sleep, that awake, we may keep watch with Christ, and asleep, rest in his peace.

GOSPEL CANTICLE

Luke 2: 29-32

Christ is the light of the nations and the glory of Israel

+Lord, now you let your servant go in peace...(see front page)

Antiphon: Protect us, Lord, as we stay awake; watch over us as we sleep, that awake, we may keep watch with Christ, and asleep, rest in his peace.

Prayer

Lord,
be with us throughout this night.
When day comes may we rise from sleep
to rejoice in the resurrection of your Christ,
who lives and reigns for ever and ever.

CONCLUSION

May the all-powerful Lord grant us a restful night and a peaceful death.

– Amen.

Antiphon of the Blessed Virgin Mary

Hail, holy Queen, mother of mercy...(see front page)

Sunday

INTRODUCTION

- + God, come to my assistance.
- Lord, make haste to help me.

Glory to the Father, and to the Son, and to the Holy Spirit:
– as it was in the beginning, is now, and will be for ever, Amen.

EXAMINATION OF CONSCIENCE

If praying with a group, include the Penitential Rite.

HYMN

You may sing a hymn of choice or substitute with a Hail Mary.

PSALMODY

Antiphon: Night holds no terrors for me sleeping under God's wings.

Psalm 91- Safe in God's sheltering care

I have given you the power to tread upon serpents and scorpions. (Luke 10: 19)

He who dwells in the shelter of the Most High
and abides in the shade of the Almighty
says to the Lord: "My refuge,
my stronghold, my God in whom I trust!"

It is he who will free you from the snare
of the fowler who seeks to destroy you;
he will conceal you with his pinions
and under his wings you will find refuge.

You will not fear the terror of the night
nor the arrow that flies by day,
nor the plague that prowls in the darkness
nor the scourge that lays waste at noon.

A thousand may fall at your side,
ten thousand fall at your right,
you, it will never approach;
his faithfulness is buckler and shield.

Your eyes have only to look
to see how the wicked are repaid,
you who have said: "Lord, my refuge!"
and have made the Most High your dwelling.

Upon you no evil shall fall,
no plague approach where you dwell.
For you has he commanded his angels,
to keep you in all your ways.

They shall bear you upon their hands
lest you strike your foot against a stone.
On the lion and the viper you will tread
and trample the young lion and the dragon.

Since he clings to me in love, I will free him;
protect him for he knows my name.
When he calls I shall answer: "I am with you."
I will save him in distress and give him glory.

With the length of life I will content him;
I shall let him see my saving power.

Glory to the Father, and to the Son,
and to the Holy Spirit:

As it was in the beginning, is now,
and will be for ever. Amen.

Antiphon: Night holds no terrors for me sleeping under God's wings.

READING

Revelation 22: 4-5

They shall see the Lord face to face and bear his name on their foreheads. The night shall be no more. They will need no light from lamps or the sun, for the Lord God shall give them light, and they shall reign forever.

RESPONSORY

Into your hands, Lord, I commend my spirit.

– Into your hands, Lord, I commend my spirit.

You have redeemed us, Lord God of truth.

– I commend my spirit.

Glory to the Father, and to the Son, and to the Holy Spirit.

– Into your hands, Lord, I commend my spirit.

Antiphon: Protect us, Lord, as we stay awake; watch over us as we sleep, that awake, we may keep watch with Christ, and asleep, rest in his peace.

GOSPEL CANTICLE

Luke 2: 29-32

Christ is the light of the nations and the glory of Israel

+ Lord, now you let your servant go in peace...(see front page)

Antiphon: Protect us, Lord, as we stay awake; watch over us as we sleep, that awake, we may keep watch with Christ, and asleep, rest in his peace.

Prayer

Lord,
we have celebrated today
the mystery of the rising of Christ to new life.
May we now rest in your peace,
safe from all that could harm us,
and rise again refreshed and joyful,
to praise you throughout another day.
We ask this through Christ our Lord.

CONCLUSION

May the all-powerful Lord grant us a restful night and a peaceful death.
– Amen.

Antiphon of the Blessed Virgin Mary

Hail, holy Queen, mother of mercy...(see front page)

On the Eve of Solemnities

that do not occur on Sunday - December 7 and 24

Pray Saturday Night Prayer, and substitute the following prayer:

Prayer

Lord,
we beg you to visit this house
and banish from it
all the deadly power of the enemy.
May your holy angels dwell here
to keep us in peace,
and may your blessing be upon us always.
We ask this through Christ our Lord.

On Solemnities

that do not occur on Sunday - December 8 and 25

Pray Sunday Night Prayer, and substitute the following prayer:

Prayer

Lord,
we beg you to visit this house
and banish from it
all the deadly power of the enemy.
May your holy angels dwell here
to keep us in peace,
and may your blessing be upon us always.
We ask this through Christ our Lord.